



# I'NA YANA K'IIN SPA

In the heart of the Riviera Maya and surrounded by nature, our Spa at Akumal Bay Beach & Wellness Resort offers a collection of Holistic Massages, Body Treatments and Facials as well as Beauty Salon services including manicure, pedicure and haircare.

Our collection of Mayan inspired rituals performed with regional herbs combined with diverse techniques from around the world will help to balance mind and body.

The connection with nature and the genuine care and magic of our team at I'na Yana K'iin Spa offer a truly unique Spa experience.

## SIGNATURE AKUMAL MASSAGE

90 min 185 USD

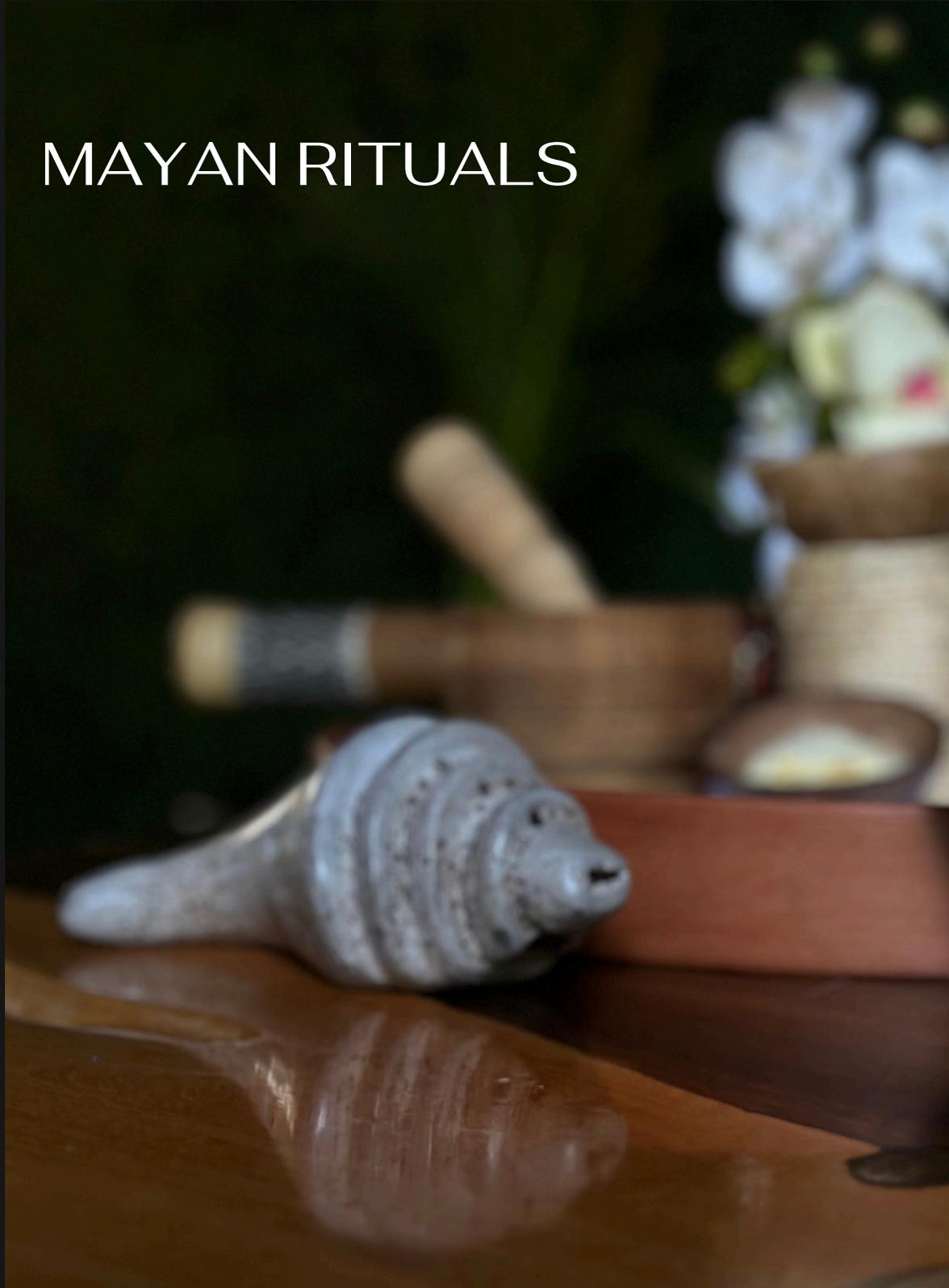
An aromatic and relaxing ritual that involves traditional techniques to achieve a deep state of relaxation of the mind, body and soul through the use of the four elements of Mother Earth; water, fire, earth and air. This physical-spiritual cleansing ritual begins with a copal ceremony inspired by our Mayan ancestors, continuing with a decontracting massage.

## CEREMONIAL ANCESTRAL MASSAGE

90 min 185 USD

Rebozo massage, rooted in the traditions of Mexico, in which you will be enveloped in the comforting embrace of the rebozo cloth with gentle and rhythmic movements channeling ancestral healing energy. Each movement seeks to harmonize the body and soul, releasing accumulated tensions and restoring balance. A therapy form carrying with it the wisdom of the past generations to leave you feeling deeply rested and renewed.

# MAYAN RITUALS



# MAYAN RITUALS



MAYAN SECRET CACAO BODY WRAP & MASSAGE  
80 min 180 USD / 120 min 250 USD

For the Mayans, cacao was sacred, considered edible gold and offered as a tribute to the gods. Nature gives us this wonderful fruit full of antioxidants and with an ability to nourish the body. The experience includes exfoliation, cacao body wrap and massage. This enchanting treatment for the senses stimulates the production of endorphins “happiness hormones” to provide overall state of well-being. Ideal to hydrate and nourish the skin.

MAYAN FOOT & LEG RITUAL  
80 min 170 USD

Incorporating the rich heritage of Mayan culture, this treatment focuses on soothing weary calf muscles and revitalizing tired feet by pampering them with a refreshing scrub, soothing wrap and hot stone massage. This fusion of ancient Mayan and modern wellness techniques with the aid of the warmth of the stones to melt tensions away, will restore energy and vitality to tired feet and calves.

# MASSAGE THERAPY

HOT STONE MASSAGE 80 min 160 USD

A deeply relaxing experience, the warmth of the stones will help to relax the muscles and the stone's harmonizing properties will work to balance your vital energy.

DEEP TISSUE MASSAGE 50 min 130 USD / 80 min 155 USD

Strong pressure massage focusing on the deeper layers of the muscle to alleviate tension.

LYMPHATIC DRAINAGE 50 min 130 USD / 80 min 155 USD

Gentle massage applied to the lymphatic system to detoxify and reduce water retention in the body.

MATERNITY GLOW MASSAGE 50 min 140 USD

Full body massage focusing on releasing back pain and heaviness on the legs. Includes a pampering massage on the face and scalp.

CARIBBEAN MASSAGE 50 min 125 USD / 80 min 150 USD

Relaxing experience applying the classic swedish-style massage techniques.

PERSONALIZED MASSAGE 30 min 80 USD

Tailored massage where technique and pressure will be applied according to your needs.



# BODY TREATMENTS

## VITAMIN C BODY WRAP 80 min 180 USD

Brightening treatment with fresh citrus aromas and packed with antioxidant vitamin C. Initiates with a full-body exfoliation, followed by a luxurious mask and concludes with the application of a lavish body butter. Helps to boost luminosity and prime the skin for a flawless tan.

## SEAWEED BODY WRAP 80 min 180 USD

Detoxifying seaweed treatment, rich in essential trace elements. Enjoy a full-body exfoliation, followed by an algae mask and finalizes with the application of a revitalizing body cream using lymphatic techniques. Ideal to purify the skin and facilitate draining excess liquids from the body.

## AROMATIC LAVENDER BODY WRAP 80 min 180 USD

Soothing aromatherapy treatment for the ultimate relaxation experience. Includes a full-body exfoliation with an essential oil-infused scrub, followed by the lavender mask that will envelope you in a cocoon of serenity. To complete the experience, the skin is hydrated and delicately scented with calming lavender aroma to prolong the sense of wellbeing and relaxation.

## SOS CALMING TREATMENT 80 min 175 USD

Cooling aloe vera treatment to help soothe and calm the skin after sun exposure. While your skin is being hydrated and replenished by the body wrap, enjoy a meditative scalp massage.

## BODY EXFOLIATION 30 min 70USD

Full body exfoliation ideal as a stand-alone treatment or as an add-on to any of our massages.

# FACIAL TREATMENTS

A woman with dark hair is lying on her back on a massage table, receiving a facial treatment. Her eyes are closed, and she has a serene expression. A therapist's hands are visible, gently touching her forehead and cheeks. In the foreground, there are two wooden bowls filled with dried herbs or flowers, resting on a wooden tray. The background is softly blurred, showing a spa-like environment with a white towel and some equipment.

## PERSONALIZED HYDRATION FACIAL

50 min 130 USD / 80 min 170 USD

A deeply hydrating and nourishing treatment aimed to maintain the skin's balance.

\*The 80 minute treatment initiates with a relaxing back massage followed by the facial.

## CALMING FACIAL 50 min 125 USD

Soothing treatment to relieve and strengthen the skin's natural barrier. Recommended for sensitive, sensitized and redness-prone skin.

## DEEP CLEANSING FACIAL 80 min 170 USD

Clarify your complexion with this facial that will help remove impurities and promote cell renewal, resulting in a radiant skin.

## FIRMING FACIAL 80 min 185 USD

Rejuvenating treatment with advanced ingredients to help prevent and improve the main concerns for the skin. A specific facial massage is applied to tone the facial muscles and improve the facial contours.

# BEAUTY SALON

## HAND & FOOT CARE

Classic Manicure 35 min 55 USD

Classic Pedicure 35 min 65 USD

Spa Manicure 50 min 75 USD

Spa Pedicure 50 min 90 USD

\*Include exfoliation & mask.

Luxury Spa Pedicure 80 min 160 USD

\*Includes exfoliation, mask and 30 minute hot stone massage on calves and feet.

Polish Change 30 USD

## HAIR CARE & MAKE-UP

Shampoo & Blow Dry 70 USD

Shampoo, Blow Dry & Styling 85 USD

Up do 90 USD

Ladies Shampoo, Hair cut & Blow Dry 85 USD

Men's Hair cut 50 USD

Braids 100 USD



# SPA INFORMATION

Hours of Operation: Spa 9:00am - 5:00pm

We recommend arriving at least 10 minutes in advance to fill out a Spa Consultation form to help us customize your experience. Late arrivals may result in the reduction of your treatment time.

Please inform us of any health conditions, allergies or pregnancy at the time of booking.

Alcohol consumption before Spa treatments is not recommended.

Please leave your valuables in the safety box in your room. The Spa and Hotel will not be held responsible for lost or forgotten items.

Our therapists are trained to ensure your complete privacy, for your comfort you may wear undergarments during your treatment.

To maintain the tranquility of the Spa we ask that electronic devices be kept in silent mode.

A 24-hour notice is required to reschedule an appointment, subject to availability. Cancellations with less than 4 hours notice will incur a fee of 50% of the total cost of the requested services. In case of "no show" the full charge of the booked treatments will be applied.



**AKUMAL BAY**  
BEACH & WELLNESS RESORT

[spareservations@akumalbayresorts.com](mailto:spareservations@akumalbayresorts.com)

Carretera Federal 307, Cancún - Chetumal Km 254  
Akumal, Quintana Roo C.P. 77776  
México